

Specimen Collection Guide for Common Tests ordered at a Skilled Nursing Facility (SNF)

BLOOD TESTS

| TEST NAME | LAB CODE | TEST TUBE | TOP | SPIN | SPECIMEN HANDLING | TRANSPORT TEMPERATURE |
|---|----------|-------------------|-----|------|--|-----------------------|
| 25-OH Vitamin D, Total | LAB535 | Gold Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Albumin | LAB45 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Ammonia | LAB47 | Lavender Top | | Yes | Spin immediately, aliquot. Freeze w/in 30 min. | Frozen |
| Antinuclear Antibody (ANA) IFA Screen w/ Reflex ENA | LAB9279 | Gold Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| Basic Metabolic Panel | LAB15 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Blood Urea Nitrogen (BUN) | LAB140 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Calcium | LAB53 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| CBC | LAB294 | Lavender Top | | No | Gently mix after collection. | Room Temp |
| CBC w/ Auto Diff | LAB1748 | Lavender Top | | No | Gently mix after collection. | Room Temp |
| CK | LAB62 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Comprehensive Metabolic Panel | LAB17 | Gold Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Creatinine | LAB66 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| CRP (C-Reactive Protein) | LAB149 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| CRP, High Sensitivity (hsCRP) Cardiovascular Risk | LAB150 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| EBV Antibody Profile | LAB10680 | Gold Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Estradiol | LAB523 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Ferritin | LAB68 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Glucose | LAB81 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Hemoglobin A1c w/EAG | LAB90 | Lavender Top | | No | Gently mix after collection. | Room Temp |
| Hepatic Function Panel | LAB20 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Herpes simplex 1 and 2 IgG | LAB9407 | Gold Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| HIV 1/2 Antibody, P24 Antigen with Confirmation | LAB9477 | Gold Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| Insulin | LAB527 | Gold Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| Iron and TIBC Panel | LAB829 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Iron, Total | LAB94 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Lactate Dehydrogenase (LDH) | LAB96 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Lipid Panel | LAB18 | Gold Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Magnesium | LAB103 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| NT-proBNP | LAB106 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |

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BLOOD TESTS (continued)

| TEST NAME | LAB CODE | KIT OR TUBE | TOP | SPIN | SPECIMEN HANDLING | TRANSPORT TEMPERATURE |
|--|-----------|-------------------|-----|------|------------------------------------|-----------------------|
| Parathyroid Hormone (PTH), Intact | LAB108 | Lavender Top | | Yes | Spin immediately, aliquot. Freeze. | Frozen |
| Phenytoin (Dilantin) | LAB31 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| Phosphorus | LAB113 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Potassium | LAB114 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Prealbumin | LAB115 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Prostate-Specific Antigen (PSA) | LAB116 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Protime-INR | LAB320 | Blue top | | No | Fill tube completely. Gently mix. | Room Temp |
| PT and PTT | LAB9089 | Blue top | | No | Fill tube completely. Gently mix. | Room Temp |
| PTT, Activated (aPTT) | LAB325 | Blue top | | No | Fill tube completely. Gently mix. | Room Temp |
| Renal Function Panel | LAB19 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Reticulocytes | LAB296 | Lavender Top | | No | Gently mix after collection. | Room Temp |
| RPR with Reflex to Syphilis Antibody & RPR Titer | LAB494 | Gold Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| Sedimentation Rate | LAB322 | Lavender Top | | No | Gently mix after collection. | Refrigerate |
| Syphilis (Treponema pallidum) Cascade Diagnostic | LAB101002 | Gold Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| T3 (Triiodothyronine), Free | LAB137 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| T4 (Thyroxine), Free | LAB127 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Testosterone, Total, Free, and Bioavailable | LAB8624 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| Thyroid Panel | LAB9150 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Thyroid Peroxidase Antibody (TPO) | LAB858 | Gold Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| Thyroid Reflex Panel | LAB9168 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Triglycerides | LAB134 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| TSH Ultrasensitive | LAB9167 | Gold Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Uric Acid | LAB141 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Valproic Acid (Depakote) | LAB24 | Red Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| Vancomycin Trough | LAB39 | Red Top | | Yes | Let sit 30 min before spinning. | Refrigerate |
| Vitamin B12 | LAB67 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |
| Vitamin B12 and Folate | LAB9301 | Gold or Green Top | | Yes | Let sit 30 min before spinning. | Room Temp |














URINE, STOOL, SWABS

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| TEST NAME | LAB CODE | SPECIMEN | KIT OR TUBE | SPECIMEN HANDLING | TRANSPORT TEMPERATURE |
|---|----------|--------------------|--|---|-----------------------|
| Blood Stool, Immunochemical | LAB694 | Stool | iFOB Stool collection kit | Follow collection kit instructions | Room Temp |
| Chlamydia trachomatis / Neisseria gonorrhoeae rRNA | LAB9350 | Swab | Refer to CT/GC guide | Refer to collection guide for CT/GC | Refrigerate |
| COVID-19 (Hologic) | LAB10742 | Swab | UTM/VTM | Let sit 30 min before centrifuging | Refrigerate |
| Group A Strep Screen Culture, Throat | LAB236 | Swab | eSwab or Red Top swab | Refrigerate | Refrigerate |
| Helicobacter pylori Breath Test (Urea Breath Test/UBT) | LAB572 | Breath | BreathID® Hp Breath Test | Follow collection kit instructions | Room Temp |
| MRSA Culture | LAB234 | Swab | eSwab or Red Top swab | Include specimen source | Refrigerate |
| Stool Culture (includes E coli Shiga Toxin 1 and 2) | LAB223 | Stool | Stool C&S (orange) | Add stool to bring liquid level to FILL line. DO NOT OVER/UNDER FILL. | Room Temp |
| Throat Culture | LAB228 | Swab | eSwab or Red Top swab | Refrigerate | Refrigerate |
| Urinalysis with Microscopic | LAB348 | Urine Midstream | BD Urine RED/YELLOW or Sterile container | Red/Yellow: If 7 mL use Red/Yellow tube If <7 mL use sterile container | Refrigerate |
| Urine Culture | LAB239 | Urine Midstream | BD URINE GREY Tube or Sterile container | If > 4 mL use Grey Top If <4 mL use sterile container | Refrigerate |
| Urinalysis with Microscopic (Reflex Culture if indicated) | LAB9468 | Urine Midstream | BD Urine red/yellow Tube AND Grey Tube | Red/Yellow: If 7 mL use Red/Yellow tube If <7 mL use sterile container Grey: If > 4 mL use Grey Top If <4 mL use sterile container | Refrigerate |
| Wound Culture and Gram Stain, Aerobic | LAB503 | Swab | eSwab or Red Top swab | Specimen source is required | Refrigerate |

| LEGEND/KEY TERMS | |
|------------------------------------|--|
| ALIQUOT | TRANSFER SERUM OR PLASMA TO SEPARATE TUBE |
| BD URINE RED/YELLOW & GREY TUBES | BD VACUTAINER URINE (RED/YELLOW TOP) AND BD VACUTAINER URINE C&S (GREY TOP) |
| BD URINE GREY TUBE | BD VACUTAINER GREY TOP URINE CULTURE TRANSPORT TUBE (KIT) OR STERILE CONTAINER |
| BD URINE RED/YELLOW TUBE | BD VACUTAINER URINE TRANSPORT TUBE (RED/YELLOW TOP TUBE) |
| GENTLY MIX | GENTLY INVERT THE BLOOD TUBE 5-8 TIMES |
| LET SIT/CLOT TIME | TIME NEEDED AFTER BLOOD IS COLLECTED BEFORE CENTRIFUGING (SPINNING) |
| SPIN or SPINNING | CENTRIFUGE OR CENTRIFUGING OF THE SPECIMEN TO SEPARATE FLUID FROM CELLS |
| W/IN | WITHIN |
| ROOM TEMP/ROOM TEMPERATURE/AMBIENT | 59-77 °F (15-25 °C) |
| REFRIGERATE | 36-46 °F (2-8 °C) |
| FREEZE/FROZEN | 4 °F (-20 °C) |

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| URINE | | | BLOOD TUBES | | | | |
|---|---|--|---|---|---|---|---|
| BD URINE CULTURE (C&S) PRESERVATIVE | BD URINALYSIS PRESERVATIVE | STERILE CONTAINER | Gold Top | Green Top | Lavender Top | Blue Top | Red Top |
| Urine Grey Top Tube | Urine Red/Yellow Top | Urinalysis/Urine Culture | Serum gel-barrier (SST) | Plasma gel-barrier (PST) Lithium Heparin (LiHep) | Plasma EDTA | Plasma Sodium Citrate | Serum |
|  |  |  |  |  |  |  |  |
| SWABS | | | STOOL | | BREATH | | |
| UTM | eSWAB | Fecal Occult Blood (iFOB) | Stool C&S (orange) | Breath ID Hp | | | |
| COVID-19 | Cultures | Blood Stool, immunochemical | Stool Culture(includes E.coli Shiga toxin) | Helicobacter pylori Breath Test (UBT) | | | |
| Swab COVID-19: Nasal or NP | Swab Throat or Wound (aerobic) | Stool: Follow kit instructions | Stool: Add stool to bring liquid up to FILL line. | Breath ID Hp: Follow kit instructions | | | |
|  |  |  |  |  | | | |

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CHLAMYDIA TRACHOMATIS / NEISSERIA GONORRHOEAE RNA COLLECTION GUIDE

| COLLECTION CONTAINER NAME: | APTIMA® MULTITEST (orange label) | APTIMA® UNISEX (white label) | APTIMA® Urine Specimen Collection Kit (yellow label) | STERILE CONTAINER | ThinPrep® VIAL |
|--|----------------------------------|------------------------------|--|-------------------|----------------|
| COLLECTION CONTAINER IMAGE: | | | | | |
| CERVICAL | | | | | ♀ |
| ENDOCERVICAL | | ♀ | | | |
| VAGINAL | ♀ | | | | |
| URETHRAL | | ♂ | | | |
| THROAT/ PHARYNGEAL | ♀ | ♀ ♂ ♀ | | | |
| RECTAL | ♀ | ♀ ♂ ♀ | | | |
| URINE (First Catch) | | | ♀ ♂ ♀ | ♀ ♂ ♀ | |
| ♀ = Acceptable for Females ♂ = Acceptable for Males ♀ = Acceptable for Transgender | | | | | |