

H Pylori Breath Test : Patient Instructions

Collection Instructions: Please read all instructions carefully

Key Reminders:

- ❌ **DO NOT** eat or drink anything one (1) hour prior to testing
- ❌ **DO NOT** smoke one (1) hour prior to testing
- ❌ **DO NOT** use any Antibiotics two (2) weeks prior to testing
- ❌ **DO NOT** use Proton Pump Inhibitors (PPI) such as Prilosec®, Prilosec OTC®, Prevacid®, Aciphex®, Protonix®, and Nexium® or a generic version of PPI medication containing omeprazole, lansoprazole, esomeprazole, pantoprazole and rabeprazole

NOTE: You may substitute the following medications Zantac®, Tagamet®, Pepsid® and Axid®, which are classified as H2 antagonists for the Proton Pump Inhibitors if needed. You can also use Bismuth preparations such as Pepto Bismol®

You do not need an appointment to have this specimen collected, just be sure that you are fasting and have met the requirements identified above.

1. When you get to the Laboratory, the receptionist will verify that you are fasting and have met the above requirements for the test.
2. The test will take approximately 25 minutes.
3. You will be asked to drink some water containing Pranactin Citric®, which contains Phenylalanine. (See patient notification below.)
4. During the test, you simply breathe into a small collection bag to capture a baseline sample of your breath. Then, after drinking the Pranactin®-Citric drug solution, you breathe into another collection bag. If there is an infection, the bacteria break the solution down into gasses that are measured in your exhaled breath.

Patient Notification: If you are a Phenylketonuric or sensitive to Aspartame, the breath test requires the ingestion of approximately 84 mg per dose unit of Phenylalanine, which is a protein component of Aspartame. This is the same amount you would get from 12 oz of diet soda

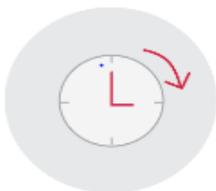
Step 1: Collect Baseline sample



Step 2: Drink Pranactin®-Citric solution



Step 3: Wait 15 minutes



Step 4: Collect Post collection sample



Recolección de muestras: Instrucciones para el paciente

Para ver el video: <https://www.youtube.com/watch?v=nXWL3BKctuY>